

Section 1

Day 6

Rest Day

Isle of Whithorn



Jannine says 'The best part of rowing for me is friends, fresh air and I have earned that glass of wine at the end of it cheers.

I love this area of Scotland, not just the views, beaches fabulous walks, but the community is awesome good friends are made which enrich your life.'

A much needed rest day from rowing around our fabulous coastline. How terrific to have such amazing weather again.

No real rest though, as the team get on with building our skiff, and Lady Bay is launched at the Isle for try out sessions.

It's a party atmosphere, with Hippo & Stranraer here helping out.

Who let the dogs out?.

We've had a message from John stuck at work in Ghana - Wish you were here John!

Newton Stewart Sub Aqua are out diving. We are all supporting ONUS South West Scotland, but Dru, Alan & Jacqueline are off on a beach clean.

There's a chance to catch up in the sunshine reviewing the route so far, and finalising plans for the last two days of Stage 1.

